Nondiscrimination Policy & 1557 Compliance for Diabetes Prevention Program

The YMCA of the Triangle complies with applicable Federal civil rights laws and does not discriminate on the basis of basis of race, color, national origin, age, disability, or sex.

Consumers with disabilities and limited English proficiency (LEP) have rights to receive communication assistance and services. The YMCA of the Triangle will provide free aids and services to people with disabilities to those who are interested in participating in the Diabetes Prevention Program.
If you need assistance or services to communicate effectively with us or have limited English proficiency (LEP) contact our compliance officer at 919-719-9622.
If you believe that the YMCA of the Triangle has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: YMCA of the Triangle Compliance Officer at 919-719-9622; ADA.officer@YMCATriangle.org; 801 Corporate Center Drive. Ste. 200 Raleigh, NC 27607 with a request of your needs.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD) Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-919-719-9622

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-919-719-9622

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-919-719-9622

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1919-719-9622 번으로 전화해 주십시오.

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-719-9622

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر بالمجان لك. برقم اتصل - هاتف الصم والبكم: 919-719-9622 (رقم

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-919-719-9622

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-919-719-9622

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-919-719-9622

□યુના: જો તમે □જરાતી બોલતા હો, તો િન:□લ્કુ ભાષા સહાય સેવાઓ તમારા માટ□ ઉપલબ્ધ છ. ફોન કરો 1-919-719-9622

ុរបយ័ត□៖ េបើសិន□អ□កនិ□យ □□ែខ□រ, េស□ជំនួយែផ□ក□□ េ□យមិនគិតឈ□□ល គឺ□ច□នសំ□ប់បំេរ□អ□ក។ ចូរ ទូរស័ព□ 1-919-719-9622។

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-919-719-9622

ध्यान द□: य□द आप □हदी बोलते ह □तो आपके िलए मुफ्त म□ भाषा सहायता सेवाएं उपलब्ध ह।□ 1-919-719-9622 पर कॉल कर□।

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-919-719-9622

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-919-719-9622まで、お電話にてご連絡ください。