

YMCA YOUTH SPORTS – AGE DIVISIONS

With the range of YMCA youth sports opportunities continuing to grow across our region, in advance of the 2018 – 2019 sports calendar we are redefining our age groups to provide consistency between our branches and the various programs available to our members and participants.

The Y is dedicated to a continued focus on skill development and healthy competition, including expanded challenge sports opportunities and regional programming. These growing program options allow us to better serve our community with an increasing range of sports and competitive levels suited to players of varying experience and skill.

Our age designations have been set according to birth date ranges that are shared by our peer organizations, including our governing challenge sports organizations. Those ranges largely reflect the cutoffs that determine school grades, allowing us to preserve most classmate peer connections.

Additionally, you may communicate with your local program director to explore the feasibility of playing in an older division that may be a better fit for your child.

For additional information on age levels, sports offerings at your branch and opportunities across our association, contact your sports director or see full details online at YMCATriangle.org.

YMCA YOUTH SPORTS	Age Division by League Year (Fall – Summer):			
Age as of 7/31/2018:	2018-2019	2019-2020	2020-2021	2021-2022
3	Under 4	Under 5	Under 6	Under 7
4	Under 5	Under 6	Under 7	Under 8
5	Under 6	Under 7	Under 8	Under 9
6	Under 7	Under 8	Under 9	Under 10
7	Under 8	Under 9	Under 10	Under 11
8	Under 9	Under 10	Under 11	Under 12
9	Under 10	Under 11	Under 12	Under 13
10	Under 11	Under 12	Under 13	Under 14
11	Under 12	Under 13	Under 14	Under 15
12	Under 13	Under 14	Under 15	Under 16
13	Under 14	Under 15	Under 16	Under 17
14	Under 15	Under 16	Under 17	Under 18
15	Under 16	Under 17	Under 18	Under 19