



BEAN SOUP DRIVE

MLK DAY OF SERVICE

Help us feed the community by preparing five-bean soup meals for the Holly Springs Food Cupboard. The soup will be assembled during our Martin Luther King Jr. Day of Service. Help us ensure this event's success by donating soup ingredients to the collection bin at the Kraft Family YMCA lobby in preparation for this service activity.

We are seeking an abundance of the following ingredients:

- dried pinto beans
- dried split green peas (or green lentils)
- dried great northern beans
- dried black beans
- dried kidney beans
- cans of diced tomatoes (15.5 oz size)
- spices: black pepper, sea salt, paprika, dry mustard, garlic powder, dehydrated onions (found in the spice aisle), dried oregano, dried rosemary, bay leaves, vegetable bouillon cubes
- Ziplock bags (quart size and smallest size available)

For more information contact Helen.Rentz@YMCATriangle.org.