



give today

to ensure opportunity and access
where **we all belong**

SUPPORT EDUCATION

CAMP G.R.A.C.E.

A one-time gift of \$552 or a monthly gift of \$46 provides a child with Pervasive Development Disorder or Autism Spectrum Disorder with two weeks of day camp focusing on character building, social skill development, games, art, music, water play and sensory integration.

POWER SCHOLARS

A one-time gift of \$1,500 or a monthly gift of \$125 provides five weeks of summer learning through math and reading remediation combined with enrichment programming for a child who is struggling to reach school system benchmarks.

Y LEARNING

A one-time gift of \$2,905 or a monthly gift of \$242 provides one year in evidence-informed academic support programs and curriculums that work to close the achievement gap.



IMPROVE HEALTH OUTCOMES

YMCA MEMBERSHIP

A one-time gift of \$60 or a monthly gift of \$5 provides a monthly membership for an adult.

SWIM LESSONS

A one-time gift of \$102 or a monthly gift of \$9 allows a child to gain life-saving skills through a series of swim lessons.

YOUTH SPORTS

A one-time gift of \$115 or a monthly gift of \$10 helps a child learn skills and make new friends through a season of youth sports.

Y HEALTH

A one-time gift of \$1,100 or a monthly gift of \$92 provides one year of prescribed evidence-based care for individuals with an identified health risk or diagnosis, including programs like Moving for Better Balance, Diabetes Prevention, Healthy Weight and Your Child, LIVESTRONG at the YMCA and Weight Loss.



DEVELOP CHANGEMAKERS



LEADERS CLUB

A one-time gift of \$518 or a monthly gift of \$43 provides a teen with a year-long program that builds character, teaches teamwork and reinforces service to others.

YMCA NC YOUTH & GOVERNMENT

A one-time gift of \$650 or a monthly gift of \$54 provides a teen with one year of service, teamwork and conference experience empowering them to be changemakers and improve their communities.

LIGHTNER Y ACHIEVERS

A one-time gift of \$1,238 or a monthly gift of \$103 provides one year of civic engagement, community service projects and academic enhancement programs for a teen of color.

STRENGTHEN FAMILIES



SUMMER DAY CAMP

A one-time gift of \$236 or a monthly gift of \$19 provides a child with one week of exciting activities like swimming, games, arts & crafts and sports, combined with positive role models and character development.

CAMP EXCEL

A one-time gift of \$238 or a monthly gift of \$20 provides a child with a week of summer fun during our no cost day camp including transportation, meals, academic enrichment, positive role models and character development.

YMCA BEFORE SCHOOL

A one-time gift of \$1,684 or a monthly gift of \$140 gives a child a safe place to start their day.

YMCA AFTER SCHOOL

A one-time gift of \$2,494 or a monthly gift of \$208 provides one year of recreation, role models and homework assistance for a child.



YMCA ANNUAL CAMPAIGN

YMCATriangle.org/give

Suggested gift amounts reflect the average cost of the program. Programs and prices are subject to change.