

we all BELONG



At the Northwest Cary and Taylor Family YMCAs, we know that everyone's experience is stronger when we open our doors wider.

Through your generous donation to the YMCA Annual Campaign, we can provide financial assistance to ensure programs and services are available to all, regardless of their ability to pay.

By fostering an inclusive environment where **we all belong**, the Y helps individuals and families grow stronger, healthier and more connected.

OUR CAMPAIGN GOAL

\$1,010,000

Our YMCA is focused on programs that fill four critical areas of community need. Funds raised from the Annual Campaign will be divided accordingly to support our neighbors.

- ▶ Improving Health Outcomes
- ▶ Developing Changemakers
- ▶ Supporting Education
- ▶ Strengthening Families



Proudly serving Cary, Apex & Morrisville.



Your *gift* helps the Taylor and Northwest Cary Ys provide:

CAMP G.R.A.C.E. provides children with Pervasive Development Disorder or Autism Spectrum Disorder with two weeks of day camp that **supports education** by focusing on character building, social skill development, games, art, music, water play and sensory integration.

COMMUNITY SUPPORTED programs like Camp Excel and Community Navigation **support education** and **strengthen families** through academic enrichment, social-emotional growth and vital wrap-around services that connect kids and families with resources for lasting well-being.

FINANCIAL ASSISTANCE provides membership and program scholarships on a sliding scale for adults, families, teens and seniors to ensure the YMCA is accessible for all regardless of an individual's ability to pay. When minds and bodies are stronger, it can **strengthen families** and **improve health outcomes**.

TEEN PROGRAMS **develop changemakers** by giving them a safe, fun space to explore their interests, build leadership skills, collaborate with peers and engage in community projects.

Y HEALTH PROGRAMS are prescribed by medical providers and **improve health outcomes** through evidence-based care for individuals with an identified health risk or diagnosis. These programs include Moving for Better Balance, Diabetes Prevention, Healthy Weight and Your Child, **LIVESTRONG** at the YMCA and Weight Loss.

YMCATriangle.org/give

