

we all BELONG



At the Kraft Family YMCA, we know that everyone's experience is stronger when we open our doors wider.

Through your generous donation to the YMCA Annual Campaign, we can provide financial assistance to ensure programs and services are available to all, regardless of their ability to pay.

By fostering an inclusive environment where **we all belong**, the Y helps individuals and families grow stronger, healthier and more connected.

OUR CAMPAIGN GOAL

\$475,000

Our YMCA is focused on programs that fill four critical areas of community need. Funds raised from the Annual Campaign will be divided accordingly to support our neighbors.

- ▶ Improving Health Outcomes
- ▶ Developing Changemakers
- ▶ Supporting Education
- ▶ Strengthening Families



Proudly serving Apex, Fuquay-Varina & Holly Springs.



Your *gift* helps the Kraft Y provide:

CAMP G.R.A.C.E. provides children with Pervasive Development Disorder or Autism Spectrum Disorder with two weeks of day camp that **supports education** by focusing on character building, social skill development, games, art, music, water play and sensory integration.

FINANCIAL ASSISTANCE provides sliding-scale scholarships for membership, youth programs, camps, swim lessons and sports, ensuring the Y remains accessible to all. Annual Campaign funds also help families facing unexpected hardship, allowing us to support those who need us most. When minds and bodies are stronger, it can **strengthen families and improve health outcomes**.

Y HEALTH programs like **LIVESTRONG** at the YMCA **improve health outcomes** with prescribed evidence-based care for individuals with an identified health risk or diagnosis. **LIVESTRONG** helps cancer patients and survivors build muscle mass and strength, increase flexibility and endurance and improve energy levels and self-esteem in small groups.

Y EXCEL programs **support education** by providing year-round academic tutorial assistance for children identified by the school system as struggling to reach academic benchmarks.

TEEN PROGRAMS **develop changemakers** by giving them a safe, fun space to explore their interests, build leadership skills, collaborate with peers and engage in community projects.

