



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CAMP QUAY & SPORTS CAMP

FREQUENTLY ASKED QUESTIONS

When does camp operate? Monday-Friday; 7:00 a.m.– 6:00 p.m.

Where is Camp Quay located? Camp Quay is located at Lincoln Heights Elementary, 307 Bridge St, Fuquay-Varina, NC 27526.

How does drop off and pick up work? Pick up and drop off will happen in the bus loop off of Washington Street. A staff member will be outside to greet you from 7:00 – 8:30 a.m. and 4:30 – 6:00 p.m. If you are dropping off or picking up outside of these times, call us at 910-403-0812.

Can I drop off early? For the safety of your child, we cannot allow children to be dropped off prior to Rides In while our staff are setting up for camp as we cannot ensure proper supervision.

What happens if I'm late to pick up? After camp closes at 6:00 p.m., a late fee applies. The fee is \$5 for the first 10 minutes and \$1 for every minute thereafter.

Where should I go if I need to drop off late or pick my child up early? If you are arriving between 8:30 a.m. and 4:30 p.m., please call our camp phone number [910-403-0812](tel:910-403-0812) and a staff member will assist you.

What does my child need to bring to camp?

- Backpack with a bathing suit and towel. Swim tests are given on the first swim day of camp to earn a swim band that allows children to swim in different parts of the pool. This test includes swimming the length of the pool (black band) or half the length of the pool (yellow band) with no goggles, getting the face wet and then treading water for 30 seconds. It is administered by the lifeguard staff. Children without a swim band are required to wear a life jacket or puddle jumper. We offer swim tests to rising 1st through 8th graders. If your child is rising Kindergarten and you would like them to swim test, please alert the Director at drop off on our swimming day.
- Insulated lunch box or cooler with a healthy and hearty lunch, two snacks and a reusable water bottle.
- Extra changes of clothes are recommended for children that may have accidents or on days when messy activities are indicated in your weekly newsletter.
- Please label all items you send to camp with your child's first and last name to assist us in returning all lost and found.

How are children divided into groups? At Camp Quay, we divide into smaller "Huddles" based on age and grade. Each huddle is staffed at a 1:12 ratio.

What will my child do on a typical day? We offer a wide range of activities to engage each of our campers within their Huddles. Daily activities include swimming, athletics, arts & crafts, clinics, and a multitude of group games, team-building activities, assemblies, and much more. Thumpin' Thursday happens each week and include opportunities to dress up based on the weekly theme. You will receive an email newsletter on the Friday before each week of camp detailing all of the special events happening that week.

When does my child swim? Camp Quay will swim once a week, on a day that will be determined closer to the start of camp! We ask that your child is dropped off no later than 9:25 a.m. to catch the bus. No camp staff will be at Lincoln Heights during swim time as all kids will be at the Kraft Family YMCA.

How do you manage medications? We are able to administer both daily and emergency medications. Please bring all medications to us in their original containers on the first day of camp along with a completed medication form. Medication forms will be provided or can be found on our website.

Can I send my child with sunscreen? If your child needs assistance in applying sunscreen, we can do so if you provide us with spray sunscreen. Sunscreen will be applied throughout the day.

How will you communicate with me this summer? An email will be emailed to you the Friday before the beginning of each camp week. This newsletter will have important information happening each week including: dress up days, special events and more. Please be sure to have an accurate email on file with us. Consider joining our [Camp Quay Facebook Group](#) for daily updates and photographs of your child. We will also communicate in person at Rides In/Out and through phone calls.

Contact Information: Jessica McQueen, Camp Quay Director— Jessica.McQueen@YMCATriangle.org or 919-249-1415