

# SCHEDULE

UNC-CH, FETZER GYMNASIUMS, 208 SOUTH RD, CHAPEL HILL, NC

Saturday, February 15	
8:30 – 10:45 a.m.	SRDU (single rope double unders, 1 x 30 sec)
	SRSS (single rope speed, 1 x 30 sec)
	SRSE (single rope speed endurance—1 x 3 minutes)
	SRTU (single rope triple unders)
11:15 a.m. – 1:30 p.m.	SRPF (single rope pairs freestyle, 2-person routine)
1:45 – 4:05 p.m.	SRIF (single rope individual freestyle)
4:30 – 5:15 p.m.	Team Show (large group freestyle event)
5:30 – 6:30 p.m.	DDC (midsize group freestyle event)
Sunday, February 16	
9 – 10:15 a.m.	DDSS (double dutch speed sprint, 1 x 60 sec)
	DDC Speed (double dutch contest speed, 1 x 30 sec)
	DDSR (double dutch speed relay, 4 x 30 sec)
10:45 – 11:55 a.m.	SRTF (single rope team freestyle, 4-person routine)
12:35 – 2:15 p.m.	WHPF (wheel pair freestyle, 2-person routine)
2:30 – 4:05 p.m.	DDSF (double dutch single freestyle, 3-person routine)
4:15 – 5:25 p.m.	DDPF (double dutch pairs freestyle, 4-person routine)