

# **Community Wellness**

# Earth Day Community Festival & Greenway Cleanup

The Southeast Raleigh YMCA hosted the Our Creeks Our Community Earth Day Festival in celebration of Walnut Creek's designation as the 21st Urban Waters Partner location in the United States by the US Environmental Protection Agency. This event was organized by the Partners for Environmental Justice and Carolina Wetlands. We worked with Wake County Big Sweep to remove 5,200 pounds of trash from Walnut Creek. 68 tires were collected and recycled!

### Juneteenth Health Fair

As a part of our Juneteenth weekend activities, the YMCA collaborated with Sister to Sister Alliance to host a Community Health Fair and Breast Cancer Awareness event. The Health Fair featured a cooking demonstration lead by EatWell Exchange. Partners for this event included Advance Community Health, Survivor Friendly, Tennis For Life, Essential Grace Counseling, WakeMed, Chi Eta Phi Nursing, When We Trial, Invision Diagnostics and NC Cancer Prevention and Control Branch.



## Black Farmers' Market Event

The 2023 season of the Black Farmers' Market kicked off in April. Following a successful season last year, we've added a second monthly event hosted at the Y. Over 40 vendors will be onsite for the Black Farmers' Market events held every second and fourth Sunday through November 2023.

# Community Baby Shower

In partnership with WakeMed, the Southeast Raleigh Y hosted a Community Baby Shower featuring baby-wearing demos, a Bookmobile, car seat checks and mini photo sessions. Over 160 families were connected with resources to serve and support them before, during and after pregnancy.

# **Cradle to Career Education**

# Southeast Raleigh Elementary School Swim Lessons

Fall swim lessons with Southeast Raleigh Elementary School expanded to include 230 students in grades 2 - 5. YMCA swim instructors taught lessons and water safety skills to students as a part of their PE curriculum.

# Swim 1922 Event

SWIM 1922, in partnership with USA Swimming, is one of SGRho's national programs. They aim to reduce the drowning rates of African American and Hispanic children. SWIM 1922 partnered with the Y to deliver sessions both in the pool and the classroom discussing safety around water skills.

# Teen Fellowship Program

The Southeast Raleigh Y celebrated graduates from its first year-long Teen and Young Adult Fellowship. This paid internship provided graduates with an opportunity to work alongside industry professionals and attend personal development trainings that taught self-empowerment, mental health awareness and racial equity training.

# Mixed Income Housing

# Case Management

The Southeast Raleigh Y hired a Community Case Worker to lead a case management program focused on providing wrap-around services to residents living within the Neighbor Zone. Our current case load supports 15 families and connects them to resources including local therapy, clothing supplies, wellness insurance and YMCA Medical Memberships. 25 children attended summer camp at a reduced rate through our case management process.

# Martin Luther King, Jr. Center for Nonviolen Social Change Inc.

# **Economic Vitality**

### Food Distribution Purchases

Through our monthly food distributions, we served over 900 individuals and purchased \$13,656 worth of fresh produce, eggs and meat through local and minority-owned farms.

### Workforce Development Training

In partnership with Wake Tech Community College, Workforce Development led an 8-week Baking and Culinary class. Class registration fees were waived for all students. Upon completing the course, students received an industry certification and job placement support.

# Q2 Black & Minority-Owned Vendor Spending

In Q1 & Q2 the SER Y branch operations spent \$145,754 with Black & minority-owned businesses and \$26,656 with Black farmers and grocers. Our total minority-owned spending thus far is \$210,520.



# Special thanks to our community partners:

- The Southeast Raleigh Promise
- Southeast Raleigh Elementary School
- Wake County Public School System
- DHIC Affordable Housing

To learn more about the Southeast Raleigh YMCA, visit us online or stop by our branch at 1436 Rock Quarry Road.

YMCATriangle.org