



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CAMP GRACE

FREQUENTLY ASKED QUESTIONS

What is Camp GRACE? The Y is proud to provide a day camp for children with Pervasive Developmental Disorders (PDD) or Autism. We focus on your child's growth, recognition, achievement, character and encouragement. We offer alternating two-week sessions called "Social Skills" and "Building Blocks" which differ based on the skills and abilities of the child. We are so excited Camp GRACE will be back this summer!

What is the difference between Social Skills and Building Blocks sessions? Social Skills sessions are designed for children who do not require one-on-one assistance (1:3 ratio); the focus of the session will be on activity skill building, inclusive activities, and social situations. We will work on building individual skills and also incorporating teamwork. The participants of Social Skills session should be able to do the following: communicate clearly, follow complex instructions, participate in group activities, independent self-help skills. Building Blocks sessions are designed with a smaller ratio (1:2 ratio) to allow for more individual attention. The goal is to break down the activities in our smaller groups and work on teaching the basic skills. This session is developed for children who need more hand-over-hand assistance and more simplistic instructions.

When does Camp GRACE operate? Camp GRACE runs from program runs from 8:30am-2:30pm. Rides In is from 8:30am-9:00am and Rides Out is from 2:00-2:30pm.

Building Blocks 1 (June 19– June 23) Building Blocks 2 (June 26– June 30)

Social Skills 1 (July 3– July 7)* Social Skills 2 (July 10–July 14)

Building Blocks 3 (July 17– July 21) Building Blocks 4 (July 24–July 28)

Social Skills 3 (July 31– August 4) Social Skills 4 (August 7– August 11)

*No Camp July 4

Where is Camp GRACE located? Camp GRACE is located at Apex Elementary, 700 Tingen Rd, Apex, NC 27502.

What does my child need to bring to Camp GRACE?

- Backpack with a bathing suit and towel (swim diaper if needed).
- Lunch box or cooler with a healthy and hearty lunch, two snacks and a water bottle (please no nut products)
- Extra changes of clothes.
- Extra pull ups and wipes, if needed.
- Please label all items you send to program with your child's first and last name to assist us in returning all lost and found.

When does my child swim? Camp G.R.A.C.E takes a bus to the Kraft Family YMCA to swim on Monday, Wednesday, and Fridays. Campers and staff leave around 11:20 a.m. and arrive back at Apex Elementary around 1:20 p.m. No camp staff will be at Apex Elementary during swim time as all kids will be at the Kraft YMCA.

What will my child do on a typical day? We offer a wide range of activities to engage our campers. Daily activities include swimming and a multitude of group games. Special therapies are contracted out and offered such as Dog Therapy, and Music Therapy. Camp GRACE campers are bussed to the Kraft Y each day to swim. The following are examples of activities that are incorporated into the weekly schedules. Please note, the activities will be adapted to meet the needs and skill levels of the children.

Scooters
Ball Games

Parachute Games
Arts and Crafts

Relay Games
Teambuilding

Sensory Activities
Huddle Time

Bean Bag Games
Water Games

How will I know what my child does at Camp GRACE? The staff of Camp GRACE run a closed Facebook group to post pictures and updates about campers. Only parents or family members of Camp GRACE camper are allowed in the group. Please talk to the Director if you do not want your child's picture posted on the [Camp GRACE Facebook](#) page. Staff also will give updates to parent and answer any questions during Rides Out.

How are children divided into groups? Huddles at Camp GRACE are separated based off age. Campers will be in a group of campers with similar age and grade throughout the whole day.



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Who works Camp GRACE? Our youth counselors come from various After School and Y Learning programs run by the Kraft Family YMCA. Our staff are responsible, knowledgeable high school and college-aged students who enjoy working with children with diverse abilities. Staff members go through 30 hours of intensive training to prepare for camp.

Can I drop off early? For the safety of your child, we cannot allow children to be dropped off prior to Rides In while our staff are setting up for camp as we cannot ensure proper supervision.

What happens if I'm late to pick up? After camp closes at 2:30 p.m., a late fee applies. The fee is \$5 for the first 10 minutes and \$1 for every minute thereafter.

Where should I go if I need to drop off late or pick my child up early? If you are arriving between 9:00 a.m. and 2:00 p.m., please check in with the Camp GRACE staff to sign your child in or out. If you are picking up early, you can let us know at Rides In or by calling our office at 919-817-9504 prior to your arrival and we can have them ready for you. If you are dropping or picking up during swim time, parents will need to coordinate with staff to pick up at the Kraft Family YMCA.

How do drop-off and pick-up work? From 8:30 a.m. to 9:00 a.m. we run Rides In, and from 2:00 p.m. to 2:30 p.m. we run Rides Out. Rides In and Rides Out are a curbside pickup for your convenience and we will escort your child to and from your car. Parents must present a pick-up card (provided on first day of camp) or an ID as a safety precaution. At registration, you can also place additional friends and families on your approved pick-up list to help us ensure the safety of your child.

How do you manage medications? We are able to administer both daily and emergency medications. Please bring all medications in their original containers to us on the first day of camp along with a medication form. Medication forms will be provided or can be found on our website.

What if my child has a Play Pal (one-on-one)? The Y will require a supplemental YMCA Volunteer Application if a Play Pal will be attending with your child. Multiple applications will be required if you are sending multiple Play Pals. All Staff, volunteers, and Play Pals will be required to submit to a background check to ensure the safety of our campers. Due to this we will require a minimum one week notice of Play Pal information; this will ensure enough time to run a YMCA volunteer background check on all Play Pals.

How types of Behavior Management is used at Camp GRACE?

At Camp GRACE, we believe that by incorporating a positive educational environment, redirection, and relying heavily on reinforcement schedules we can best care for the campers and allow for them to grow during the summer. We believe that we can best implement these policies by incorporating the following behavior management strategies:

1. Redirection: Redirect maladaptive behaviors to more appropriate behaviors or activities
2. Positive Reinforcement: Consequating an appropriate behavior with something that the child finds desirable
3. Negative Reinforcement: Removal of aversive stimuli following an appropriate behavior
4. Motivation Operation Principle: Incorporating the child's motivation to want to participate in the activities
5. Time Out: Up to 5 minute removal from the group or activity for inappropriate, attention-seeking behavior
6. Extinction: Removal of reinforcing attention for behaviors that are inappropriately attention seeking
7. Teaching Replacement Behaviors: Teaching appropriate behaviors in place of maladaptive behaviors.
8. Other: Other techniques can be utilized following a meeting between parents, the camp director, and others with parents' invitation.

In the event that a child continues to exhibit severe behavior problems, and none of the appropriate behavior management techniques are effective in correcting the behavior problem, the staff will set up a conference with the child's parents to discuss the situation and determine the best course of action. In addition to the parents and staff members, the meeting may also include any other individuals (such as one-on-ones, therapists, etc.) who would be significantly involved in the resolution of the problem behavior.

Director Contact Information: Bernard Bronner, Camp GRACE Director. (919) 249-1419 or Bernard.Bronner@YMCATriangle.org.