

COMMUNITY ENGAGEMENT

Training and Resources

The YMCA of the Triangle helps provide educational resources for individuals and organizations in the community including access to Groundwater: Racial Equity Training available through the Racial Equity Institute.



Community Support

The Y is addressing food insecurity through meal distribution. Select YMCA facilities serve as regional food hubs through a partnership with Wake County, providing one to two weeks' worth of shelf-stable and fresh food for families in Wake County.

In 2022, our Y was named a partner agency of the Food Bank of Central and Eastern North Carolina distributing food at branches and pop-up events.

PARTNERSHIPS

Corporate and community partners help us maintain and expand service to everyone in our community.

- Links (NC) Inc.
- 100 Black Men
- Diaper Bank of North Carolina
- Note in a Pocket
- Book Harvest
- Read & Feed
- Dress for Success
- Raleigh Chamber of Commerce

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FOR ALL.

OUR COMMITMENT TO
DIVERSITY, EQUITY AND
INCLUSION

To fulfill our purpose of strengthening community for all, the Y is committed to being a multicultural, anti-racist and inclusive organization, fully leveraging our collective resources and impact to address social inequities.

[YMCATriangle.org](https://www.ymcatriangle.org)



The YMCA of the Triangle is a 501(c)3 charity. The YMCA is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility.

OUR JOURNEY

For more than 165 years, the YMCA of the Triangle has served our region. At times in our history, we fell short of fully embracing our black and brown communities and creating a wanted, welcoming and inclusive environment for all.

In recent years, YMCA staff and volunteer leadership have worked with focus and determination to fully live into our Mission—lifting up our efforts to ensure access, inclusion and equity for all members of our community. And while we have made progress as a Y, we know we have much more work to do as an organization.

Today, the YMCA of the Triangle’s commitment to diversity, equity and inclusion is more than just a strategic priority. It is the foundation that enables us to fully deliver our Mission and fulfill our Purpose—strengthening communities and helping all people reach their full potential. It ensures the Y is reflective of our communities, supports staff and volunteer leadership, and strengthens our ability to address critical social issues now and in the future. We believe that our commitment to diversity, equity and inclusion creates better people, better communities and a stronger region.



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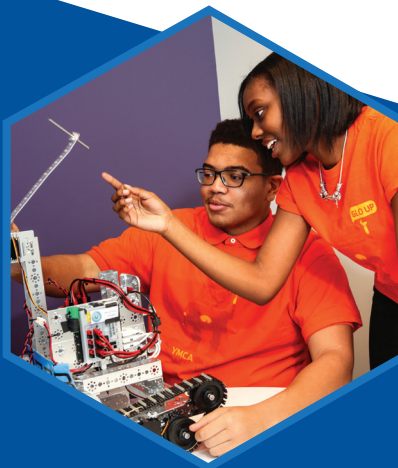
YMCA PROGRAMS

LIGHTNER Y ACHIEVERS

The Clarence E. Lightner YMCA Achievers program introduces teens in grades 6 - 12 to adults of color who guide them through experiences that prepare them for life after high school. Through civic engagement, community service projects, and academic enhancement programs, students make new friends, learn healthy lifestyle choices and prepare for their future.

YMCA BOYS & YOUNG MEN OF COLOR INITIATIVE (BYMOC)

This program works to improve outcomes and impact young men of color in our local communities. Outcomes focus on reducing school truancy and chronic absenteeism, improving graduation rates and helping establish career pathways to ensure economic mobility.



“The Lightner Y Achievers program has instilled in me the belief that I am worthy and capable of accomplishing my goals. The staff has made a positive impact on how I view opportunities within my chosen career path and given me the courage to believe in my goals, dreams and aspirations.”

– Dorien Stewart
Lightner Y Achievers Participant

EMPLOYEE RESOURCE GROUPS (ERGS)

These employee-led groups provide a space for people to network, mentor one another, share their knowledge and experiences, participate in personal and professional development, enhance their leadership skills, inform strategic decisions, and provide consultation when needed – all while building meaningful connections across our YMCA and across the national movement.

- African American ERG
- Hispanic Latino ERG
- Emerging Leaders ERG
- Indigenous/Native American ERG
- PRIDE (LGBTQ+) ERG
- Women’s ERG

“The YMCA of the Triangle is fully committed to supporting our community and each other as we work together toward a more just and equitable tomorrow for all.”

– Bruce Ham
YMCA of the Triangle CEO