



# Families On! Challenge Race Map

May 6, 2023 • A.E. Finley YMCA, Raleigh

- |                     |                                     |                             |                    |
|---------------------|-------------------------------------|-----------------------------|--------------------|
| 1 Arch Start        | 11 Star Jumps                       | 20 Creek Crossing           | 30 Flamingo Hoopla |
| 2 Warm Up Challenge | 12 100-Yard-High Skip               | 21 Game & Rest Hut          | 31 Bucket Ball     |
| 3 Basket Ball       | 13 30 Count Planks                  | 22 Alligator Pond Adventure | 32 Leave Your Mark |
| 4 Trail Run         | 14 10 Steps Forward<br>2 Steps Back | 23 Zig Zag Run              | 33 Fitness Loop    |
| 5 Selfie Station    | 15 Slip & Slide                     | 24 Nature Trail             | 34 Color Trap      |
| 6 Corn Hole Pitch   | 16 Wet Wear Waddle                  | 25 The Spider's Web         | 35 Foam Finish     |
| 7 Inflatable – TBA  | 17 Crystal Maze                     | 26 Soccer Croquet           | 36 Spray Tent      |
| 8 Inflatable – TBA  | 18 Mud Pond                         | 27 Fitness Countdown        | 37 Medals          |
| 9 Squat A Lot       | 19 Playground & Jungle Gym          | 28 Food Fight               | Challenge Exit     |
| 10 100 Yard Dash    |                                     | 29 Soccer Free Kick         | Restrooms          |

