



# YMCA Youth Sports Age Chart

## Fall 2022 – Spring 2023

Use the column on the left to find your child's birthdate range. The column on the right is your child's age group, or league.

*Example: Annie's birthday is Sept. 23, 2010. She registers for a U12 age group. Occasionally the YMCA combines age groups. A U12 – U13 age group may display as U12 in our online registration system.*

<b>Player Birth Date Range</b>	<b>Age Group</b>
Aug. 1, 2018 – July 31, 2019	U4
Aug. 1, 2017 – July 31, 2018	U5
Aug. 1, 2016 – July 31, 2017	U6
Aug. 1, 2015 – July 31, 2016	U7
Aug. 1, 2014 – July 31, 2015	U8
Aug. 1, 2013 – July 31, 2014	U9
Aug. 1, 2012 – July 31, 2013	U10
Aug. 1, 2011 – July 31, 2012	U11
Aug. 1, 2010 – July 31, 2011	U12
Aug. 1, 2009 – July 31, 2010	U13
Aug. 1, 2008 – July 31, 2009	U14
Aug. 1, 2007 – July 31, 2008	U15
Aug. 1, 2006 – July 31, 2007	U16