



FAQs

Northwest Cary YMCA 2022 Summer Swim Team

What are the competitive strokes?

Freestyle, backstrokes, breaststroke, and butterfly.

Who will be conducting the evaluations?

Swim Team Coaches and Aquatics Directors

If a parent feels their child has been incorrectly evaluated, who can they call?

Aquatics Director: Allie.LoPiccolo@YMCATriangle.org

My child has participated in YOTA/ YMCA Summer Swim Team/ Junior Competitor/ Stroke School in the past, do they need to be evaluated?

No. Swimmers that have participated in any of the above programs do not need to be evaluated.

Who needs to get evaluated?

Anyone who has not participated in a YMCA program mentioned above, and is new to the YMCA Swim Team program.

My child participated in our neighborhood swim team last year, do they need to be evaluated?

Yes. Swimmers coming from outside of the Y League need to be evaluated.

What if we cannot make any of the evaluation dates?

Email Allie.LoPiccolo@YMCATriangle.org in order to set up an alternative time.

Does successfully completing the evaluation guarantee my child a spot on the Northwest Cary Summer Swim Team?

No. All participants must register beginning on April 4. Spaces are limited and these are popular programs.

When does Summer Swim Team begin?

May 23, 2022

Can both kids practice at the same time, even if their ages qualify them to be in different age groups?

No. Due to the ability and intensity we require swimmers to practice with other swimmers the same age to get the most out of the program.

Summer Swim Team Overview

YMCA Summer Swim Teams are for kids ages 5 to 18. Swimmers learn the importance of teamwork, sportsmanship, and goal setting.

Swimmers who have not previously participated in swim team must be assessed PRIOR to registration. The evaluation schedule is below, to schedule an alternate one, please contact Allie.LoPiccolo@YMCATriangle.org.

Swimmers compete in a series of weekend meets during the summer against other YMCA of the Triangle branches. Practices are age-specific and held in the late afternoons, Monday through Thursday.

Evaluation Dates and Times:

Northwest Cary YMCA, 3:30 - 5 p.m.
Tuesdays, March 15, 22, April 12, May 10
Wednesday, April 27
Thursdays, March 17, 24

YMCA Oberlin Road Program Center,
10:30 a.m. - Noon, Saturday, March 12, 26

Registration Start Date: April 4

Summer Swim Team Start Date: May 23rd, 2022

Practice Times

6 years & under: 5:35 - 6:15 p.m.
7-8 years: 5:35 - 6:25 p.m.
9-10 years: 6:30 - 7:20 p.m.
11- 12 years: 7:25 - 8:15 p.m.
13 years & older: 3:45 - 4:35 p.m.

Swim Meet Dates:

Saturday, June 18 at NW Cary YMCA
Saturday, June 25 at Taylor Family YMCA
Saturday, July 16 at NW Cary YMCA
Saturday, July 23 at A.E. Finley YMCA
Championship Meet - Saturday, August 6

YMCATriangle.org

For any additional questions, please contact Allie.LoPiccolo@YMCATriangle.org