




# Families On! Challenge Race Map

May 7, 2022 • A.E. Finley YMCA, Raleigh

- |                     |                            |                                |   |
|---------------------|----------------------------|--------------------------------|---|
| 1 Arch Start        | 11 Split Jacks to the MAX  | 21 Alligator Pond Adventure    | 31 Paint House  |
| 2 Agility Challenge | 12 Run Jump Shout          | 22 Hay Run                     | 32 Fitness Loop   |
| 3 Corn Hole Pitch   | 13 Burpee Challenge        | 23 Nature Trail                | 33 Color Gauntlet   |
| 4 Trail Run         | 14 100 Yard Dash           | 24 Wake the Bear               | 34 Foam Finish  |
| 5 Selfie Station    | 15 Slip & Slide            | 25 Leave Your Mark             | 35 Medals   |
| 6 Home on the Range | 16 Turn Out the lights     | 26 Fitness Stations            |  Restrooms |
| 7 Inflatable – TBA  | 17 Snake Maze              | 27 Soccer Ball Free Kick       |   |
| 8 Inflatable – TBA  | 18 Mud Crawl               | 28 Food Fight                  |   |
| 9 Jump Squat - Go   | 19 Playground & Jungle Gym | 29 QB Hail Mary! Football Toss |   |
| 10 Speed Interval   | 20 Creek Crossing          | 30 Skee Basketball Pit         |   |



2022 Presenting Sponsor:



[YMCATriangle.org/FamiliesOn](https://YMCATriangle.org/FamiliesOn)