

Families On! Challenge Race Map May 1, 2021 • A.E. Finley YMCA, Raleigh

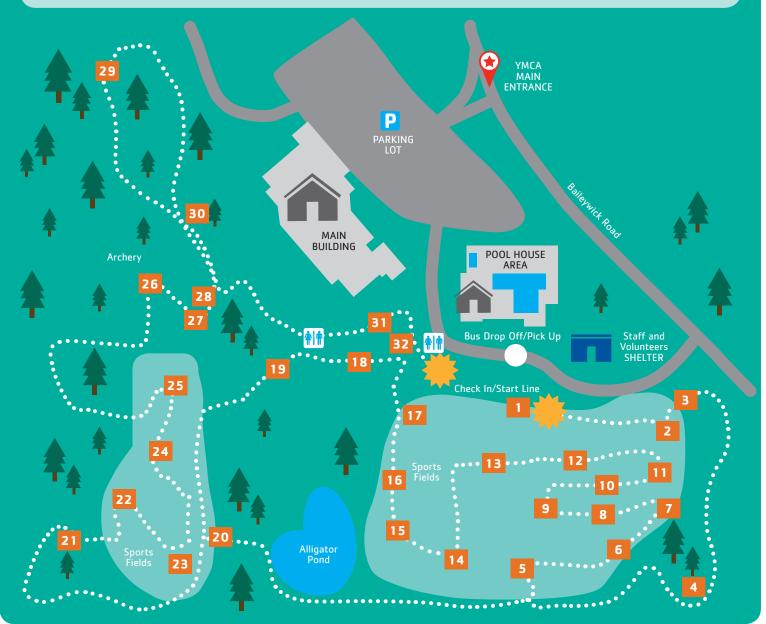
- 1 Check In/Start Line
- 2 Chandleir Throw
- 3 Trail Run
- 4 Family Photo Spot
- 5 Pots and Pans
- 6 Inflatable
- 7 Inflatable
- 8 50 Yard Dash
- 9 1 Minute Fitness Challenge

- 10 50 Yard Dash Backwards
- 11 1 Minute Fitness Challenge
- 12 100 Yard Dash
- 13 Hill Roll and Slip-n-Slide
- 14 Dish Throw or Velcro Ball
- 15 Wet Sponge Toss
- 16 Mud Crawl
- 17 Playground & Jungle Gym
- 18 Creek Crossing Wood Bridge

- 19 Zig Zag Slope
- 20 Out and Back Nature Walk
- 21 Wake the Bear
- 22 Fitness Stations
- 23 Leave Your Mark
- 24 Soccer Ball Free Kick
- 25 Food Fight
- 26 Hit the Target
- 27 Paint House

- 28 Skee Basket Ball Tire Pit
- 29 Fitness Loop
- 30 Color Guantlet
- 31 Foam Finish
- 32 Medals





2021 Presenting Sponsor:

