




Families On! Challenge Race Map

May 1, 2021 • A.E. Finley YMCA, Raleigh

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|------------------------------|-------------------------------|-----------------------------|---|
| 1 Check In/Start Line | 10 50 Yard Dash Backwards | 19 Zig Zag Slope | 28 Skee Basket Ball Tire Pit |
| 2 Chandleir Throw | 11 1 Minute Fitness Challenge | 20 Out and Back Nature Walk | 29 Fitness Loop |
| 3 Trail Run | 12 100 Yard Dash | 21 Wake the Bear | 30 Color Guantlet |
| 4 Family Photo Spot | 13 Hill Roll and Slip-n-Slide | 22 Fitness Stations | 31 Foam Finish |
| 5 Pots and Pans | 14 Dish Throw or Velcro Ball | 23 Leave Your Mark | 32 Medals |
| 6 Inflatable | 15 Wet Sponge Toss | 24 Soccer Ball Free Kick | |
| 7 Inflatable | 16 Mud Crawl | 25 Food Fight |  Restrooms |
| 8 50 Yard Dash | 17 Playground & Jungle Gym | 26 Hit the Target | |
| 9 1 Minute Fitness Challenge | 18 Creek Crossing Wood Bridge | 27 Paint House | |



2021 Presenting Sponsor:



YMCATriangle.org/FamiliesOn