



FINLEY FLIERS SUMMER SWIM TEAM

June 1— August 1, 2021

Program description: Open to all children ages 5 and older who have completed the Advanced level of group swim lessons, have participated in Stroke School, YOTA Prep, Senior Prep, or have successfully completed an assessment.

New participants assessment: All new participants must schedule an assessment prior to registration to ensure the swimmer has all prerequisite skills. Past Stroke School, YOTA Prep, and Senior Prep participants, or swimmers who have completed the Advanced level of group swim lessons do not need to schedule an assessment.

Pre-registration Skill Assessment: The assessment will consist of:

- **Swimmers age 11 years and older-** Swim 50 yards each of Freestyle and one other competitive stroke. Must demonstrate basic competency in each stroke, as well as endurance to complete the total 100 yard swim (4 pool lengths).
- **Swimmers age 10 years and younger-** Swim 25 yards each of Freestyle and one other competitive stroke. Must demonstrate basic competency in each stroke, as well as endurance to complete the total 50 yard swim (2 pool lengths).

Practice Make-up Policy: Practices and meets will be cancelled for any extreme weather. For days when we experience on-and-off extreme weather conditions, the Head Coach will communicate to families. Practices will not be rescheduled due to weather or pool closure.

Program Dates and Times:

April 1– Members only registration opens
May 15—Swim Team Assessment 10am
May 17—Swim Team Assessment 6pm
May 19– Parent Orientation & Swim Suit Sizing,
7–8pm (virtual or distanced at Outdoor Pool)
June 1 – First Practice!
June 15– Virtual Swim Meet vs. Kerr & Knightdale
June 22– Virtual Swim Meet vs. Northwest Cary
July 5 –July 8 – No practice! (week after 4th of July)
July 13– Virtual Swim Meet vs. Kraft & Poole
July 20– Virtual Swim Meet vs. Taylor
July 29– Last Practice!
July 31 – Championship Swim Meet
August 1– End of Season Celebration

Practice Schedule:

Monday, Tuesday, Wednesday, Thursday
6–7 p.m. 10 years & under
7–8 p.m. 10 years & older
**Final group assignments at the coach's discretion.*

Swim Meets will be held on Tuesday nights
Champs will be held on Sat. July 31

All practices take place at the Outdoor Pool
We recommend a minimum of 2 practices a week.

Questions? Contact Linda Singh at
Linda.Singh@ymcatriangle.org