



YMCA Youth Sports Age Chart

Fall 2020 – Spring 2021

Use the column on the left to find your child's birthdate range. The column on the right is your child's age group, or league.

Example: Annie's birthday is Sept. 23, 2010. She registers for a U10 age group. Occasionally the YMCA combines age groups. A U10 – U11 age group may display as U11 in our online registration system.

Player Birth Date Range	Age Group
Aug. 1, 2016 – July 31, 2017	U4
Aug. 1, 2015 – July 31, 2016	U5
Aug. 1, 2014 – July 31, 2015	U6
Aug. 1, 2013 – July 31, 2014	U7
Aug. 1, 2012 – July 31, 2013	U8
Aug. 1, 2011 – July 31, 2012	U9
Aug. 1, 2010 – July 31, 2011	U10
Aug. 1, 2009 – July 31, 2010	U11
Aug. 1, 2008 – July 31, 2009	U12
Aug. 1, 2007 – July 31, 2008	U13
Aug. 1, 2006 – July 31, 2007	U14
Aug. 1, 2005 – July 31, 2006	U15