



WE BUILD people

YMCA OF THE TRIANGLE
2019 CAMPAIGN IMPACT REPORT

SUPPORTING ACHIEVEMENT FOR ALL

2,034
STUDENTS

received after school educational support at

56

EDUCATIONAL SITES

across the Triangle



174,000+
NUTRITIOUS SNACKS

provided during after school programs



46,000+
MEALS

provided during summer day camp

158
CHILDREN

with Pervasive Developmental Disorders (PDD), Autism Spectrum Disorder and other special needs attended Camp G.R.A.C.E.

“I can see the correlation between the fluency reading exercises they are doing in Y Learning and their reading level and comprehension progress in the classroom.” — Wake County Teacher

IMPROVING COMMUNITY HEALTH AND SAVING LIVES

87%

YMCA Blood Pressure Self-Monitoring participants reporting progress toward health and well-being goals



Access to life-saving swimming instruction for campers in Camp High Hopes through

5,000+
SWIM LESSONS

105
CANCER SURVIVORS

meet/exceeded recommended physical activity & cardiovascular endurance through LIVESTRONG at the YMCA

5.7%

Diabetes Prevention Program participants average weight loss after completing the program

DEVELOPING FUTURE LEADERS

Lightner Y Achievers introduces
TEENS IN GRADES 6 - 12

to adults of color who guide them through experiences that prepare them for life after high school

100%

of high school seniors in the program will graduate high school in 2020

956
STUDENTS

from across NC practiced developing public policy and political leadership during the YMCA Youth & Government Legislature Conference



1,082 TEENS

employed by the Y, equipping them with leadership skills & preparation for the future