Alexander Family YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle: Beats Alexander - Studio 3 Book							2:45PM-3:30PM (Group Fitness) *Jay C.*
Dance: Zumba Alexander - NEW Studio 2 Book							2:45PM-3:45PM (Group Fitness) *Taylor W.*
Family Swim Alexander - Pool Book							3:00PM-4:00PM (Pool) *Staff* 4:00PM-4:30PM (Pool) *Staff* 4:30PM-5:30PM (Pool) *Staff*
Reserved for Group Fitness Alexander - Court 2 Book							3:15PM-4:15PM (Gym) *Staff*
Strength: Ripped and Strong Alexander- Gym Group Fitness Book							3:15PM-4:15PM (Group Fitness) *Julianne B.*
Lap Lane: 3 Shared Lanes Alexander - Pool Book							3:30PM-4:30PM (Pool) *Staff*
Yoga: Yin Alexander - NEW Studio 2 Book							4:00PM-5:00PM (Group Fitness) *Clayton B.*
Lap Lane: 4 Shared Lanes Alexander - Pool Book							4:30PM-5:30PM (Pool) *Staff*
Racquetball: 60 minutes Alexander Family YMCA Book							5:00PM-8:00PM (Reserve a Court) *Court_2 A.*

Lakewood YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Racquetball: 60 minutes Lakewood YMCA Book							2:45PM-3:45PM (Reserve a Court) *Court_2 L.*
Yoga: Gentle Hatha Lakewood - Group Exercise Studio Book							3:00PM-4:00PM (Group Fitness) *Brook H.*

Kerr Family YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Racquetball: 60 minutes Kerr Family YMCA Book							2:45PM-3:45PM (Reserve a Court) *Court_2_Racquetball K.* 3:00PM-4:00PM (Reserve a Court) *Court_1_Racquetball K.*
Lap Lane: 8 Shared Lanes Kerr - Indoor Pool Book							3:00PM-3:30PM (Pool) *Staff* 3:30PM-4:00PM (Pool) *Staff* 4:00PM-4:30PM (Pool) *Staff* 4:30PM-5:00PM (Pool) *Staff* 5:00PM-5:30PM (Pool) *Staff*
Family Swim Kerr - Indoor Pool Book							3:00PM-3:30PM (Pool) *Staff* 3:30PM-4:00PM (Pool) *Staff*
Court Time Kerr Family YMCA Book							3:45PM-4:45PM (Reserve a Court) *Court_1_Court_Time K.* 4:00PM-5:00PM (Reserve a Court) *Court_2_Court_Time K.*
Open Gym Kerr - Gym Courts Book							4:30PM-6:00PM (Gym) *Staff*

Northwest Cary YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dance: Zumba Toning Northwest Cary - Strength & Cardio Studio B Book							2:45PM-3:30PM (Group Fitness) *Ivania G.*
Lap Lane: Shared Lane (Reserved) Northwest Cary - Lap Pool Book							3:00PM-3:30PM (Pool) *Staff* 3:30PM-4:00PM (Pool) *Staff* 4:00PM-4:30PM (Pool) *Staff* 4:30PM-5:00PM (Pool) *Staff* 5:00PM-5:30PM (Pool) *Staff*
Adult Equipment Orientation Northwest Cary YMCA Book							3:00PM-4:00PM (Get Started) *Staff*
Lap Lane: Single Lane (Reserved) Northwest Cary - Lap Pool Book							3:00PM-3:30PM (Pool) *Staff* 3:30PM-4:00PM (Pool) *Staff* 4:00PM-4:30PM (Pool) *Staff* 4:30PM-5:00PM (Pool) *Staff* 5:00PM-5:30PM (Pool) *Staff*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved Northwest Cary - Court 1 Book							3:15PM-4:30PM (Gym) *Staff*
Dance: Zumba Northwest Cary - Strength & Cardio Studio A Book							3:45PM-4:45PM (Group Fitness) *Ivania G.*
Open Gym Northwest Cary - Court 2 Book							4:00PM-5:45PM (Gym) *Staff*
Open Gym Northwest Cary - Court 1 Book							4:30PM-5:45PM (Gym) *Staff*

Chapel Hill - Carrboro YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Chapel Hill-Carrboro -Gym 1 Book							3:00PM-6:00PM (Gym) *Staff*
Adult Equipment Orientation Chapel Hill-Carrboro YMCA Book							3:15PM-4:00PM (Get Started) *CHWC*
Yoga: Core Focus Chapel Hill-Carrboro -Studio B Book							3:30PM-4:30PM (Group Fitness) *Gina L.*
Teen Equipment Orientation Chapel Hill-Carrboro YMCA Book							4:15PM-5:00PM (Get Started) *CHWC*
Restore & Core: Mat Pilates Chapel Hill-Carrboro -Studio B Book							4:50PM-5:50PM (Group Fitness) *Joan W.*

Chatham Park YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Family Time Chatham Park - Court 2 Book							3:00PM-4:00PM (Gym) *Staff*
Teen Equipment Orientation Chatham Park YMCA Book							3:00PM-3:45PM (Get Started) *Chatham P.*
Open Gym Chatham Park - Gym Book							4:00PM-6:00PM (Gym) *Staff*

Downtown Durham YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Lane: 5 Shared Lanes Downtown Durham YMCA Book							3:00PM-5:00PM (Pool) *Staff* 5:00PM-5:30PM (Pool) *Staff*
Strength: BODYPUMP™ Downtown Durham - Group Fitness Studio Book							3:15PM-4:00PM (Group Fitness) *Jessica M.*

Kraft Family YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Teen Pick Up Basketball Kraft - Court 1 Book							3:00PM-4:30PM (Gym) *Staff* 4:30PM-6:00PM (Gym) *Staff*
Half Court Basketball Kraft - Court 2 Book							3:00PM-4:00PM (Gym) *Staff* 4:00PM-5:00PM (Gym) *Staff* 5:00PM-6:00PM (Gym) *Staff*
Virtual In-Studio: Les Mills GRIT™ Strength Kraft - Studio A Book							4:00PM-4:30PM (Group Fitness) *Kraft S.*

Taylor Family YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Lane: 4 Circle Swim Taylor - Main Pool Book							3:00PM-4:00PM (Pool) *Staff* 4:00PM-5:00PM (Pool) *Staff* 5:00PM-5:30PM (Pool) *Staff*
Lap Lane: 5 Circle Swim Taylor - Main Pool Book							3:00PM-4:00PM (Pool) *Staff* 4:00PM-5:00PM (Pool) *Staff* 5:00PM-5:30PM (Pool) *Staff*
Teen Equipment Orientation Taylor - Wellness Floor Book							3:15PM-4:15PM (Get Started) *Staff*
Lap Lane: 6 Circle Swim Taylor - Main Pool Book							3:30PM-5:30PM (Pool) *Staff*
Yoga: Vinyasa Flow Taylor - Group Ex Studio Book							3:30PM-4:45PM (Group Fitness) *Susan K.*
Racquetball: 60 minutes Taylor Family YMCA Book							3:45PM-4:45PM (Reserve a Court) *Court_1 T.* 4:00PM-5:00PM (Reserve a Court) *Court_3 T.*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Super Skippers Taylor - Gyms 1 & 2 Book							5:00PM-8:00PM (Gym) *Staff* 5:00PM-8:00PM (Gym) *Staff*
Reserved for Super Skippers Taylor - Group Ex Studio Book							5:00PM-7:00PM (Gym) *Staff*

Poole Family YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Virtual In-Studio: Les Mills RPM™ Poole - Studio 2 Book							3:15PM-4:00PM (Group Fitness) *Poole S.*
Yoga: Vinyasa Flow Poole - Studio 1 Book							3:15PM-4:10PM (Group Fitness) *Molly K.*
Open Play Pickleball Poole Family YMCA Book							3:30PM-5:45PM (Gym) *Staff*
Virtual In-Studio: Les Mills SPRINT™ Poole - Studio 2 Book							4:15PM-4:45PM (Group Fitness) *Poole S.*

A.E. Finley YMCA | December 8th - December 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Lane: 10 Shared Lanes AE Finley - Indoor Pool Book							4:30PM-5:45PM (Pool) *Staff*