

camp upward bound

A.E. FINLEY
YMCA

session four

July 6 –July 10

letter from the directors

Camp Upward Bound Teens and Parents,

The third week of CUB was SwEEEEt!!! We enjoyed flag football, laser tag and go carts at Adventure landing and cool movie theatres.

This week we have a whole new set of field trips that we are sure the kids will enjoy! New campers will be here this week along with those who are returning, so more friends are going to be made!

Please read this whole newsletter so you will know about all our activities and be informed of all our policies.

If this newsletter does not answer all of your questions feel free to contact us with your questions!

Sincerely,

Chris Octetree—chris.octetree@ymcatriangle.org
(919)-845-3860 Office
Director Camp Upward Bound

what to bring to camp?

Please label all items with first & last name.
A bag or backpack to hold these items is also helpful.

- Tennis Shoes (No sandals or flip flops)
- Lunch and two snacks in an insulated lunch box
- A towel and bathing suit (one piece for ladies) We swim everyday.
- Sunscreen and bug spray
- Water bottle

contacting CUB

You can reach Camp Upward Bound staff from 7:00AM-6:00PM on the camp cell phone at (919)-815-1230.

drop off and pick up

Rides in takes place at The Thunderdome between 7:00am-9:00am. Rides out takes place at The Thunderdome between 4:30pm-6:00pm. The Thunderdome is the picnic shelter next to the outdoor pool near the back of the A.E. Finley YMCA. You should have a pick up card or photo ID ready when picking up your child. Pick up cards are cards given out by Camp Upward Bound staff with your child's name on it that can be given to family members, baby sitters, etc. who you wish to pick up your child. Rides out ends at 6:00pm. Beginning at 6:10pm, a late fee of \$5.00 will apply. Each minute thereafter will result in an additional \$1.00 fee.

bad weather

Camp Upward Bound runs each day, rain or shine! In the event of thunder or lightning, the pool will close, slightly altering our daily activities. For the safety of the children, parents will have to come inside to drop off or pick up their children during these times.

medication forms

A medication form must be on file for the camp director to administer medication. Medication must be brought in its original container and will be kept locked and secure at all times. Campers are not allowed to keep medication with them during the camp day. Medication forms can be given to you by a staff member at rides in or rides out.

rings time

Once during the day counselors will give out rings and carabineers. These rings are given out for displaying the YMCA's five character traits: Respect, Honesty, Responsibility, Caring, and Faith in God.

Camp Upward Bound (919)-815-1230

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field trips

Please remember that Camp Upward Bound is a traveling Day Camp! Since we travel, it is very important to understand that we will be on the road everyday at 9:00AM. If you are running late then you must call the camp cell phone (919)-815-1230 to find out where we are and then drop your child off at that location. The bus cannot wait for late campers, and the other on-site YMCA camps cannot accept your child.

camp fieldtrips

Monday

Lynn Rd. Park
White Tiger

Tuesday

Fletcher Park
IMAX \$

Wednesday

All Children's Playground
Mall

Thursday

CUB FIELD DAY

Friday

Paintball

Reminders

- Remember to wear socks and tennis shoes every day.
- We will go swimming in the outdoor pool every day.
- A \$ sign by the fieldtrip means that campers will have the opportunity to buy concessions, or food on this trip. We recommend that campers bring no more than \$10.

CUB Field Day

All Children need to bring WHITE shirts on THURSDAY!

This will be an all day event at Martin Middle School, including Alexander, Garner, Cary, Kerr, Durham Kraft, Lee and our CUB programs. Don't worry parents we will have indoor and outdoor activities. Some of the activities include: 100 yard dash, knockout, trivia, dodge ball, sack races, water relays and much more.

CUB mission statement :

Upward Bound is an active YMCA Teen Adventure Program that develops character and leadership through a variety of recreational, team building, and outdoor activities.

4 goals of Camp Upward Bound

- To get campers to face fears and develop courage
- To help campers on their faith journey
- To help develop Servant Leadership
- To improve interactive people skills and teamwork

"My dear brothers and sisters, be quick to listen, slow to speak, and slow to get angry. (James 1:19NLT)

Camp Upward Bound (919)-815-1230