

# PTAS / MSAS

NOVEMBER/DECEMBER 2011



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## JINGLE AND MINGLE

With the holiday season rapidly approaching the Y is gearing up for our annual Jingle and Mingle celebration. This is a time where we can take a step back from the day to day and really enjoy the time we spend together, remembering what we are thankful for, and have a blast!

This year our afterschool GLEE club will be performing some of our holiday favorites and we invite all parents to come and celebrate the season with us.

**Where:** At the Cary Family YMCA

**When:** Thursday December 8

**Time:** 4:00pm - 5:00pm

We hope that you are able to make it and we are super excited to see what the GLEE club has in store for us!



Our afterschool GLEE club will be performing the week of our Jingle and Mingle

## LATE FEE POLICY

Our program ends at 6:00 pm, if you arrive after that time the Late Fee is \$5.00 for the first 10 minutes, and \$1.00 for every minute after 6:10 pm. If you know you are going to be late please call ahead of time so that we can plan accordingly with our staff.



## RIDES OUT/PROCEDURES

### ABSENT FROM PTAS/MSAS

If your child is not going to be at after school we ask that you call our front office (919)469-9622 ext. 143 and leave a message for Kelsay so that she can make note of it.

### RIDES OUT

We begin at 5:00 pm and end at 6:00 pm . If you are planning on picking up your child before 5:00 pm, please walk inside and sign your child out at the afterschool desk. Make sure to have your photo ID or your pick up card.

## **GIRLS SUMMIT**

We all know the teenage years can be tough. This is just the session for teen girls

to hear from the experts about challenging topics like these:

- Body image and confidence
- Discovering self-identity and purpose
- Mean girls and drama queens
- Stress relief for emotional well-being
- Self-respect and respect for others
- Being assertive and resolving conflicts

**Who:** All Middle School and High School aged girls

**When:** December 10th - December 11th

**Time:**

Start - 1 p.m. - Summit Church, 590 Westhigh St., Cary

Finish - 8 a.m. - Cary Family YMCA, 101 YMCA Dr., Cary

**To register:** Submit a completed YMCA Youth Information Form, Girls Summit permission form, and \$65 registration fee to your local Y. Registration fee includes meals (dinner, breakfast and



## **MEET YOUR COUNSELORS**



### **PTAS**

#### **EWOKS (K/1)**

Amanda G

Abbie V

#### **CHEWBACCAS (2/3)**

Allison C

Ryan G

#### **STORM TROOPERS (4/5)**

Joey G

Brittany P

### **MSAS**

#### **SKYWALKERS (6)**

Nick C

Hayatt Z

Adan B

Grace C

#### **DARTH Vaders (7/8)**

Tiffany R

Katie S

## **ELECTRONICS AT AFTER SCHOOL**

This year at PTAS/MSAS we are taking a new approach with personal technology (cell phones, Ipods, Nintendo DS's, Gameboys etc.) . These items are not allowed at after school. Due to the immense amounts of distractions they cause, stolen items, and cyber bullying we ask that you keep these items at home. If your child has an emergency cell phone we ask that they stay in their book bags. If there is an emergency we ask your child to come to a counselor and we can contact you via our office phone. I thank you for your understanding and help with this issue.



## **PTAS/MSAS & Cary Y Program Calendar**

(PT/MSAS is in Orange / Events @ the Cary Y are in green)

### **NOVEMBER 7**

Registration for Girls Summit for Middle School opens @ the front desk.

### **November 23**

S.O.S. Day for Traditional (Remember to register at the front desk for this day) - Registration by Nov. 16th

### **November 24, 25**

Happy Thanksgiving. There will be no after school.

### **DECEMBER 8**

Jingle and Mingle GLEE club performance from 4:00 - 5:00

### **DECEMBER 5-20**

12 Days of after school

### **DECEMBER SOS Dates:**

(Remember to go ahead and sign up for the dates needed to ensure your spot) 22, 23, 27, 28, 29, 30

### **JANUARY 2**

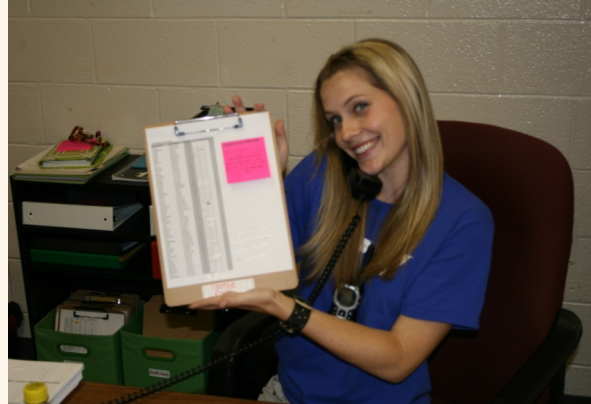
S.O.S. for Traditional Schools

## CONTACT INFORMATION

**Hannah Wait, Director** 919-469-9622 ext. 162  
Hannah.Wait@ymcatriangle.org

**Derek Clausing, Assistant Director**  
Derek.Clausing@ymcatriangle.org

**Kelsay Hitchcock, Office Manager** 919-469-9622 ext.143  
Kelsay.Hitchcock@ymcatriangle.org



## STUDY AND PLAY ALL IN ONE DAY!

This is a reminder that we do offer study hall Monday - Thursday from 3:45 - 5:00pm.

Something new we have started is **Homework Points** this is our way of encouraging the kids to get their school work done efficiently while at afterschool.

### How do they work:

We have a sign in and sign out roll sheet that the kids clock in and out of to show the amount of time they work on their homework.

At the end of each month kids that have attended for a certain amount of time are invited to a Study Hall Shindig where we let them celebrate their hard work and focus throughout the month!



## WakeMed



WakeMed

### WakeMed Health & Hospitals

Join our community health partner WakeMed for a special candlelight ceremony of the Love Light Tree on December 1. Lights and Stars on the Love Light Tree represent donations in honor or in memory of loved ones. Following the tree lighting, we'll join Twinkle, WakeMed Children's mascot, for ornament making, holiday goodies and pictures with Santa. Events are free!

Kindly reply to 919-350-STAR by December 1st. For more information, visit [WakeMed.com](http://WakeMed.com)