

Laurel Park After School Grades K-5

Location

2450 Laura Duncan Road
Apex, NC 27523

Staff

Nichole Hampton, Director
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After School Office Phone
815-9108

What does After School Cover?

The After School Program covers all 180 school days as outlined by the Wake County School System. The After School Program does not cover Teacher Workdays and Student Holidays. These days are covered by the School's Out Special Program and must be purchased apart from After School.

What will my child do during the After School Program time?

The Cary Family YMCA is pleased to offer after school care at Laurel Park Elementary. From start to finish, our afternoons at Laurel Park will be packed with team building and character development! The YMCA provides a safe, educational, fun environment for your children. Our 2009 -2010 format is based on the YMCA's core values and mission of building a healthy spirit, mind and body. Our activities are guided by the core values of caring, respect, responsibility, honesty and faith. We feel these are tools children need to build a future with strong kids, strong families and strong communities. Children have fun and learn with

counselors who enjoy being around children.

Daily Schedule:

Time	Activity
3:15 -3:40p.m.	Track Out Hang Out
3:40-4:00p.m.	Roll Call & snack
4:00-4:15p.m.	Devotion & Character Bands
4:15-4:30p.m.	Assembly
4:30-5:00p.m.	Homework Activity
5:00-6p.m.	Rides Out/Quiet Games

What are Skill Development Clinics?

Held on Fridays, clinics are an instructional time where counselors teach or improve a student's skills in certain areas. The focus is learning while playing. For example, during soccer clinics the children will not only play a game but will be doing passing drills and discussing team strategy. Possible clinics include basket ball, camping, arts & crafts or drama.



What are Character Bands and Carabineers?

A main focus of the YMCA is character development. One way this is integrated into after school is through our character band system. All children receive a carabineer (used in rock climbing, but also for those who want to carry keys or character bands). The counselors pass out character bands every day to students who exemplify one of our four character traits. The character bands vary in color and meaning, and are a great encouragement and incentive to all students.

Red = caring

Blue = honesty

Green = responsibility

Yellow = respect

Purple = Faith in God

Orange = Camper of the Day

How will my child get to the YMCA's Laurel Park After School Program?

In most of our after school programs the campers are dismissed from their class room and will come to the designated program area.

What about Homework Time?

At Laurel Park After School, we emphasize the importance of schoolwork. Each day following snack time, children are given the opportunity to participate in homework. If you would like for your child to be required to attend homework each day please notify our office staff.

How does the Rides Out System work?

Rides Out begins at 5:00 p.m. A YMCA Counselor will be waiting outside in the bus loop with a walkie-talkie. They will announce your arrival and your child will be walked out to your car. Please have your YMCA Year-round School Pick-up Card visible in your car window as well as an easily accessible picture ID for identification. Your child's safety is of utmost importance to us and no child will be released until positive identification is confirmed. Pick-up cards will be given out the first day by the Adams staff during Rides Out.

What if I want to pick up my child before Rides Out begins?

If you need to pick up your child before 5:00 p.m. please come into our office and sign your child out at the desk. Please have your identification available so the staff can verify your identity.

What do I need to do if I know my child will be absent from After School?

If your child will not be attending the Laurel Park After School program, please call our office at (919) 815-9108 and leave a message for our leadership staff.

What if someone other than the child's parent needs to pick up my child?

If the child's parents cannot pick up their child from After School, a written note from the parent must be sent in to the staff. The person who will be picking up your child must present a picture ID at time of pick up. You may want to add their name(s) to your child's registration form.

What are Family nights?

Family nights are your chance to experience some of your children's after school activities. Whether it is Trunk-or-Treat in October or Christmas Movie Night in December, you do not want to miss out on these fun evenings! The Cary Family YMCA also offers a lot of other fun family events throughout the year. We will keep you informed of upcoming events in our after school newsletters.

What is the Youth Fitness Challenge?

Every spring (January-April) the campers participate in the Youth Fitness Challenge. Campers are encouraged to track their "active" hours. They earn prizes throughout the challenge and learn how to have a healthy lifestyle.

Visit our website: www.ymcatriangle.org

