



JOIN US FOR A KID'S FITNESS CLASS!



KiD FiT

**MON. AND WED.,
6:00-6:45 p.m.**

Activities include obstacle courses, weight + band workouts, and much more! Wear your workout clothes, sneakers and bring a water bottle.

SIGN UP IN THE GAME ROOM.
Space is limited and everyone is served on a first-come, first-served basis. Children are brought to and from class by the game room staff. Late arrivals will not be permitted to enter class.

