



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HOLLY JOLLY FITNESS FROLIC

Christmas Eve:

Christmas Yoga

11:00 - 12:15 am

Christmas Ride

9:30 - 10:45 am

New Year's Eve:

Dance Party

9:30 - 11:00 am

New Year's Eve Cycle

9:15 - 10:45 am

New Year's Day:

108 Sun Salutations Yoga

2:30 - 5:00 pm

Get'R'Done

2:30 - 4:00 pm

