

## Adams After School Grades K-5

### Location

Adams Elementary School  
805 Cary Towne Blvd.  
Cary, NC 27511  
(919) 815-2985

### Staff

Nichole Hampton, Director  
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Johnna Hinton, Site Director  
(919) 815-3529

### What does After School cover?

The After School Program provides after school care for all 180 school days as outlined by the Wake County School System. The After School Program does not cover teacher Workdays and Student Holidays. Most of these days are covered by the School's Out Special Program and must be purchased separately.

### What will my child do during the After School Program?

The Cary Family YMCA is pleased to offer after school care at Adams Elementary. From start to finish, our afternoons at Adams will be packed with team building and character development! The YMCA provides a safe, educational, fun environment for your children.

Our 2009 -2010 format is based on the YMCA's core values and mission of building a healthy spirit, mind and body. Our activities are guided by the core values of caring, respect, responsibility, honesty and

Faith in God. We feel these are tools children need to build a future with strong kids, strong families and strong communities. Children have fun and learn with counselors who enjoy being around children.

### Daily Schedule

Time	Activity	
Grade	K-2	3 <sup>rd</sup> -5 <sup>th</sup>
2:45 -3:00	Track Out Hang Out	
3:00-3:10	Roll Call	
3:10-3:25	Devotion	
3:25-3:45	Assembly	
3:45-4:10	Snack	Small Games
4:10- 5:00	Homework/Activity	
5:00-6.00	Rides Out/ Quiet Games	

### What are Skill Development Clinics?

Held on Fridays, clinics are an instructional time where counselors teach or improve a student's skills in certain areas. The focus is learning while playing. For example, during soccer clinics the children will not only play a game but will be doing passing drills and



discussing team strategy. Possible clinics include basketball, camping, arts & crafts or drama.

### **What about Homework Time?**

At Adams After School, we emphasize the importance of schoolwork. Each day following snack time, children are given the opportunity to participate in homework. If you would like for your child to be required to attend homework each day please notify our office staff.

### **What are Character Animals?**

Character Animals are apart of the camper incentive program here at Adams After School. Character Animals help us to teach character traits:

Red: Caring

Blue: Honesty

Green: Responsibility

Yellow: Respect

Purple: Faith in God

Character Animals are a way to recognize individuals in the after school program. A "Character Animal" is given to a child to recognize behavior that reflects respect, responsibility, caring, honesty, and faith in God. Honored campers are given an opportunity to care for the "character animal" during assembly and a trip to the prize box.

### **How does the Rides Out System work?**

Rides Out begins at 5:00 p.m. A YMCA Counselor will be waiting outside the gym with a walkie-talkie. They will announce your arrival and your child will be walked out to your car. Please have your YMCA Year-round School Pick-up

Card visible in your car window as well as an easily accessible picture ID for identification. Your child's safety is of utmost importance to us and no child will be released until positive identification is confirmed. Pick-up cards will be given out

the first day by the Adams staff during Rides Out.

### **What if I want to pick up my child before Rides Out begins?**

If you need to pick up your child before 5:00 p.m. please come into our office in the gym and sign your child out at the desk. Please have your identification available so the staff can verify your identity.

### **What do I need to do if I know my child will be absent from After School?**

If your child will not be attending the After School program, please call the Adams After School office at **(919) 815-2985** and leave a message for the staff.

### **What if someone other than the child's parent needs to pick up my child?**

If the child's parents cannot pick up their child from After School, a written note from the parent must be sent in to the staff. The person who will be picking up your child must present a picture ID at time of pick up. You may want to add their name(s) to your child's registration form.

### **What are Family nights?**

Family nights are your chance to experience some of your children's after school activities. Whether it is Trunk-or-Treat in October or Christmas Movie Night in December, you do not want to miss out on these fun evenings!

The Cary Family YMCA also offers a lot of other fun family events throughout the year. We will keep you informed of upcoming events in our after school newsletters.

**What is the Youth Fitness Challenge?**

Every spring (January-April) the campers participate in the Youth Fitness Challenge. Campers are encouraged to track their “active” hours. They earn prizes throughout the challenge and learn how to have a healthy lifestyle.

**Visit our website:**

**[www.ymcatriangle.org](http://www.ymcatriangle.org)**

